

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
01 Pumpkin Bread Variety of Cereal Pop Tart Breakfast Box Strawberry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	02 Breakfast Corndog Variety of Cereal Pop Tart Breakfast Box Peach Cup 100% Fruit Juice Fresh Fruit Choice of Milk	03 Cherry Strudel Variety of Cereal Pop Tart Breakfast Box Mixed Berry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	04 Cinnamon Crumb Cake Variety of Cereal Pop Tart Breakfast Box Pear Cup 100% Fruit Juice Fresh Fruit Choice of Milk	05 PB&J Breakfast Sandwich Variety of Cereal Pop Tart Breakfast Box Applesauce Cup 100% Fruit Juice Fresh Fruit Choice of Milk
08 Mini Cinnamon Bun Variety of Cereal Pop Tart Breakfast Box Strawberry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	09 Breakfast Pizza Bagel Variety of Cereal Pop Tart Breakfast Box Peach Cup 100% Fruit Juice Fresh Fruit Choice of Milk	10 Kellogg's Crunchmania Variety of Cereal Pop Tart Breakfast Box Mixed Berry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	11 Dunkin Stix Variety of Cereal Pop Tart Breakfast Box Pear Cup 100% Fruit Juice Fresh Fruit Choice of Milk	12 Cream Cheese & Strawberry Bagel Bar Variety of Cereal Pop Tart Breakfast Box Applesauce Cup 100% Fruit Juice Fresh Fruit Choice of Milk
15 Banana Bread Variety of Cereal Pop Tart Breakfast Box Strawberry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	16 Protein Packed Breakfast Boat Variety of Cereal Pop Tart Breakfast Box Peach Cup 100% Fruit Juice Fresh Fruit Choice of Milk	17 Variety of Muffins Variety of Cereal Pop Tart Breakfast Box Mixed Berry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	18 Cinnamon Sweet Potato Roll Variety of Cereal Pop Tart Breakfast Box Pear Cup 100% Fruit Juice Fresh Fruit Choice of Milk	19 Apple Strudel Variety of Cereal Pop Tart Breakfast Box Applesauce Cup 100% Fruit Juice Fresh Fruit Choice of Milk
22 Pumpkin Bread Variety of Cereal Pop Tart Breakfast Box Strawberry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	23 Breakfast Corndog Variety of Cereal Pop Tart Breakfast Box Peach Cup 100% Fruit Juice Fresh Fruit Choice of Milk	24 Cherry Strudel Variety of Cereal Pop Tart Breakfast Box Mixed Berry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	25 Cinnamon Crumb Cake Variety of Cereal Pop Tart Breakfast Box Pear Cup 100% Fruit Juice Fresh Fruit Choice of Milk	26 PB&J Breakfast Sandwich Variety of Cereal Pop Tart Breakfast Box Applesauce Cup 100% Fruit Juice Fresh Fruit Choice of Milk
29 Mini Cinnamon Bun Variety of Cereal Pop Tart Breakfast Box Strawberry Cup 100% Fruit Juice Fresh Fruit Choice of Milk	30 Breakfast Pizza Bagel Variety of Cereal Pop Tart Breakfast Box Peach Cup 100% Fruit Juice Fresh Fruit Choice of Milk	31 Kellogg's Crunchmania Variety of Cereal Pop Tart Breakfast Box Mixed Berry Cup 100% Fruit Juice Fresh Fruit Choice of Milk		

USDA Non-discrimination statement: <http://childnutrition.ncpublicschools.gov/information-resources/civil-rights/usda-non-discrimination-statement>

October 2018 | MENU

Wake County Public School System

BREAKFAST IN THE CLASSROOM

Eating breakfast at school improves academic performance, health, and behavior.



K-5 Paid Meal Prices:

Breakfast: \$1.25

Lunch: \$2.55

Adults: A la Carte Pricing

K-5 Reduced Meal Prices:

*Breakfast: \$0.30

Lunch: \$0.40

* The actual charge may be less, depending on funding

Breakfast includes choice of: Entrée, fruit & milk.
Students must select a fruit/juice.

Milk Choices: • Fat Free Unflavored, Strawberry, Chocolate, and Vanilla

Please contact your schools Dining Room Manager for additional menu information. Menu selection is subject to change at any time.



WAKE COUNTY
PUBLIC SCHOOL SYSTEM

Child Nutrition Services